



# NO STOMACH FOR CANCER® AWARENESS CAMPAIGN

Stomach cancer is the fifth most common cancer,  
and the third leading cause of cancer death worldwide.

## Know your risks.

- Age 50 and older
- Male gender
- Type A blood
- Diet high in smoked, salted and pickled foods
- Tobacco use
- *Helicobacter pylori* bacterial infection
- Race/Ethnicity (more common in Asians, Pacific Islanders, Hispanics, and African Americans than in non-Hispanic Caucasian Americans)
- Family history of stomach cancer

## Sometimes it's in our *genes*.

Genes play a role in cancer risks. HDGC is a cancer syndrome associated with a gene called CDH1. Stomach removal is the best strategy to prevent stomach cancer in people who test positive for the CDH1 gene mutation.



## Know your family history.

Family members affected by Hereditary Diffuse Gastric Cancer (HDGC)...

- Have up to 80% risk of developing stomach cancer
- Have a 42% risk of developing lobular breast cancer
- May have an increased risk of developing colon cancer

## Get Involved!

- Ask your health care provider about hereditary stomach cancer risks.
- Visit [www.NoStomachForCancer.org](http://www.NoStomachForCancer.org)
  - Share what you learn with friends and family.
  - Discover opportunities to help fight stomach cancer.
  - Donate to support stomach cancer research and education.

  
**NO STOMACH  
FOR CANCER®**  
Supporting Research. Empowering Families.