

2016 Spotlight on Gastric Cancer Program – May 14 – 1-5 p.m.

Signs, symptoms and workup of Gastric Cancer

Nita Ahuja, M.D.

Director of Sarcoma and Peritoneal Surface Malignancy Program, the Johns Hopkins Hospital
Professor of Surgery

Fabian Johnston, M.D.

Assistant Professor, Department of Surgery, Division of Surgical Oncology, Johns Hopkins University

When Acid Reducers Just Aren't Working: Endoscopy Inside and Out Flexible Endoscopic Surgery for Stomach Cancer

Saowanee Ngamruengphong, M.D.,

Therapeutic Endoscopy Fellow

Division of Gastroenterology & Hepatology, the Johns Hopkins Hospital

Which Wave Comes First: Chemotherapy, Radiation or Gastric Surgery?

Mark Duncan, M.D., F.A.C.S

Associate Professor of Surgery and Oncology, Johns Hopkins Bayview

Clinical trials

Sherry M. Wren MD, FACS, FCS (ECSA)

Vice Chair for Professional Development and Diversity, Professor of Surgery

Director of Global Surgery, Center for Global Health and Innovation Stanford University

Director Clinical Surgery Palo Alto Veterans Hospital

Making a Painless Decision about Palliative Care and Hospice

Paula Noe, M.D, Palliative Care Specialist

Department General Internal Medicine, Johns Hopkins Bayview

Genetics

Brooke M. McLaughlin, MS, GC

Genetic Counselor

Division of Hematology/Medical Oncology Mayo Clinic

A Patient's Story Demonstrates Hope Works against Hopeless Odds

Stephanie Smith, Oncology RN

Over 5-year, Stage IIIC gastric cancer survivor

A Celebrity Chef's experience with stomach cancer and gastrectomy

Hans Rueffert

A Caregiver's true Story of Love, Life, and Death

Author Steven Zarycki

***Please attend our Night of Healing at the Days Inn Inner Harbor at 7:30 pm.**

Hans Rueffert



In July of 2005, just 2 weeks after taping the finale for the Next Food Network Star, Hans was diagnosed with stomach cancer. The irony that a chef would contract stomach cancer was not lost on him or his physicians. The cancer was diagnosed as stage three and they removed half of his stomach and half of his esophagus.

Hans weighed 214 pounds the day of his first surgery and has since lost over 65 pounds. As of his last biopsy, he is now cancer free. Rueffert states, "My life moving forward will be filled with more biopsies, blood work, CT Scans, and Dr. consults...a small price to pay in the grand scheme of things. Though I wouldn't wish the disease on anyone, I will say that my experience with it has heightened my appreciation of life, love, family, and of course, food. If I can offer up one piece of advice, it would simply be this: Never take anything for granted. Never."

Stephanie Smith



Stephanie Smith (right) and her sister Sable Jewell (left) at Stephanie's Bridal Shower in August 2015

Following her diagnosis of gastric cancer at age 20, Stephanie Smith, RN, BSN, OCN has dedicated her life to not only beating her ailment, but now helping others who have been affected by the same illness inflicted upon her. Following her complex treatments, Smith completed her Baccalaureate of Nursing degree and has become a respected oncology nurse at her community hospital, Anne Arundel Medical Center, in Annapolis, Maryland. Since achieving remission in 2015, Smith has married and begun the process of returning to school to become a nurse practitioner, specializing in oncological care.

Smith will be speaking today about her journey from being a patient to becoming a survivor. Her message: "you may have cancer, but cancer will never have you."

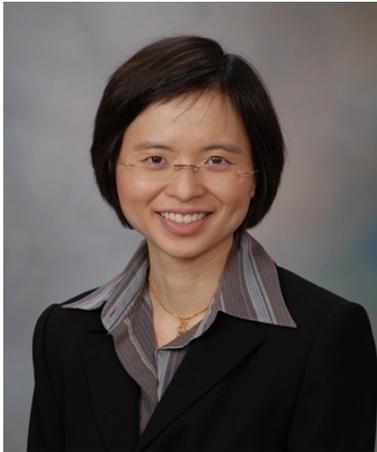
Steven Zarycki



Steven Zarycki was born December 16, 1961 in Paterson N.J. He is the oldest out of three brothers. He has two children. His wife, Lori, passed away from cancer on February 4, 2015. He decided to become an author by writing about his former life with his wife and the challenges he faced being a primary caregiver.

Stairways is a book that tells the true love story between the author, Steven Zarycki, and his wife, Lori. It describes in detail how two young individuals found each other at an early age and loved each other instantaneously. Stairways is also a book about a loving husband's continuous struggle as primary caregiver for his wife, who was diagnosed with stomach cancer in June of 2012. Stairways is an emotional, passionate journey of life, love, and death.

Saowanee Ngamruengphong, M.D.



Dr. Ngamruengphong (Ngam) is an Assistant Professor of Gastroenterology at The Johns Hopkins University School of Medicine in Baltimore, Maryland USA. After receiving a medical degree from Chulalongkorn University, one of the most prestigious universities in Thailand, Dr. Ngam continued her residency training in internal medicine at Texas Tech University School of Medicine, Lubbock, Texas. She then completed a Fellowship in Gastroenterology at Mayo Clinic, Jacksonville, Florida, followed by a two year Advanced Endoscopy Fellowship in endoscopic resection, endoscopic ultrasound and ERCP at Johns Hopkins. She will be joining the faculty at Johns Hopkins in 2016. Dr. Ngam has a special interest and expertise in early detection and endoscopic resection of neoplastic lesions of the gastrointestinal tract including early gastric cancer.

Dr. Ngam is board certified in Internal Medicine and Gastroenterology. She is a member of the American College of Gastroenterology and American Society of Gastrointestinal Endoscopy. She has authored over 30 peer-reviewed papers and book chapters. Dr. Ngam's research is centered on developing better tools, and improving care for patients with gastrointestinal neoplastic lesions.

Mark Duncan, M.D.



Dr. Duncan specializes in gastrointestinal surgery and surgical oncology, including surgery of the esophagus, stomach, intestine, colon and rectum, gallbladder and pancreas, adrenal and retroperitoneal sarcoma. He co-directs the Gastric Cancer Multidisciplinary Clinic, and authored the Johns Hopkins Patient Guide for Cancer of the Stomach and Esophagus. He chairs the cancer committee and directs the tumor board at Johns Hopkins Bayview Medical Center. Dr. Duncan gives lectures and presentations nationally and internationally on Gastric and GI cancer surgery and works with Johns Hopkins International on cancer programs and centers overseas.

Paula Noe, M.D.



Dr. Paula M. Noe is an instructor of medicine at the Johns Hopkins University School of Medicine. Her areas of clinical expertise include internal medicine and palliative care.

Dr. Noe earned her M.D. from the University of Texas Southwestern Medical School. She completed her residency at UT Southwestern Medical Center.

Nita Ahuja, M.D.



Dr. Nita Ahuja is a professor of urology, surgery and oncology at the Johns Hopkins School of Medicine. Her surgical specialization is in gastrointestinal cancers, including gastric, rectal and pancreatic cancers.

Dr. Ahuja serves as the Director of Sarcoma and Peritoneal Surface Malignancy Program and the Chief of Mixed Tumor Services. Dr. Ahuja obtained her medical education at the Duke University School of Medicine and her training in general surgery at Johns Hopkins. In addition, she completed a fellowship in surgical oncology at Johns Hopkins focused on hepatobiliary malignancies. Dr. Ahuja joined the Johns Hopkins faculty in 2003.

Dr. Ahuja also directs an active cancer research laboratory studying molecular markers important in early diagnosis and prognosis of gastrointestinal cancer. Dr. Ahuja was certified in surgery by the American Board of Surgery in 2003

Fabian Johnston, M.D.



Fabian Johnston MD MHS is an Assistant Professor in the Department of Surgery and Division of Surgical Oncology at the Medical College of Wisconsin. His research interest includes both education, implementation and dissemination of best models of care in palliative care. He is an advocate for diversity in medicine and the benefit of mentorship. Dr. Johnston earned his medical degree from the Pennsylvania State College of Medicine. He began his surgical training at Louisiana State University in New Orleans and completed general surgery at Washington University in St. Louis, followed by fellowship in surgical oncology at the Johns Hopkins University and a master's degree in Health Sciences from the Johns Hopkins Bloomberg School of Public Health.

Sherry M. Wren MD, FACS, FCS (ECSA)



Professor Sherry Wren has been on the faculty at Stanford University since 1997. She serves as Vice Chair for Professional Development and Diversity, Director of Global Surgery at the Center for Innovation and Global Health, Director of Clinical Surgery at the Palo Alto Veterans Health Care System, and is the former Associate Dean of Academic Affairs for the university. Dr. Wren is also an Honorary Professor in the Centre for Neurosciences and Trauma at the Blizard Institute within Barts Cancer Institute at Barts and the London School of Medicine and Dentistry, Queen Mary University of London. Dr. Wren has served in the leadership of key surgical organizations in the US, including the executive committee

of the American College of Surgeons Board of Governors and Advisory Council for General Surgery as well as the Board of Governors of the Society of Gastrointestinal and Endoscopic Surgery.

She is currently on the editorial boards of JAMA Surgery, Surgical Endoscopy, and the Journal of Laparoendoscopic Surgery and Advanced Techniques. She is a fellow of the College of Surgeons of East, Central, and Southern Africa, a consortium of 13 sub Saharan African countries. Her clinical practice is in gastrointestinal malignancy and robotics. Her research interests are in surgical outcomes, robotics, cancer, and global surgery.

Brooke McLaughlin MS, GC



Brooke McLaughlin is a cancer genetic counselor at the Mayo Clinic in Arizona. She graduated from the University of Arizona with a master degree in molecular and cellular biology and completed her genetic counseling training at the University of Cincinnati where she received her master degree in medical genetics.